

GOLDEN ACRES O GOODTIDINGS O

September · 2015 Issue 7 39th Year She Eagled the 7th Hole! Madolyn McMahon got a great image of a bald eagle on the 7th hole at Fairway Village her score was not reported! Monthly Mania Winner! \$100 • Merrill King Boss Electric Corp. Delivered Door-to-Door by Park Residents FREE Every Month view this newsletter on-line at www.monthly-media.com

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s you probably already know; patronizing the advertisers in this newsletter also pays YOU with our Monthly Mania Cash Give-a-Way. We pay out \$400 every month to residents who submit tickets they have received from using the businesses in the newsletter. Winning is easy, just patronize any advertiser in the newsletter, then submit either the ticket or a paid receipt to us for your chance to win!

Now You Have More Chances to Win!

We are now offering unlimited entries into our Monthly Mania drawing by just SUGGESTING a business to advertise.

Here is how is works:

- 1. Call our office and suggest a business to advertise in the newsletter
- 2. We will take down your information (name, address, phone number) and enter you into the next month's drawing for over \$400 in cash prizes
- 3. The more businesses you suggest, the more chances you have to win. (To qualify each resident can only suggest a business once)

What businesses would you like to see advertising? We have spots available in the following categories:

- Accountant/Tax Prep
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- Automotive Repair/Sales
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- · Bathroom Remodel
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- Bingo
- Chiropractor
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- Fitness Center/Gym
- Floor Coverings/Retail

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President's Report

By Ray Lamoureux



all is just around the corner when you read this newsletter. It will be time to start thinking about returning to your southern homes for the winter. We have a few changes in the park since last spring. Two new homes have been added one on Second Street and one on Second Avenue. The last time I talked to the office we have two units up for sale. We have had two sales over the summer. The units were one on Third Avenue and one on First Street. The units were sold in a couple weeks.

The start of budget season has begun and progressive management is preparing a budget for the board to get started to present to the membership on November 18th. The budget must be in the mail by October

18th so all members can look at it before the budget meeting.

I speak with Jo Ellen at least once a week and she has been telling me about all the heavy rain they have received over the summer. The culvert from Second Avenue to Third Avenue needed to be cleaned due to all the dirt runoff from the storm water going thru the park. It only took two years to build back up since it was last cleaned.

The board of directors has two positions up for election come February. Last year we only had one volunteer run and the other position was appointed. We need people to step forward and accept the challenge of the board. It can be a very rewarding feeling to help our community to be the best it can be.

During the summer the pool filters were on their last leg. We had the pool company change them to the modern design filters for our pool. I have no idea how old the filters were we have a reserve item to replace the filters.

From the Editor's Desk

By Sue Bailey, suebail@tampabay.rr.com

Tell here we are again with school back in session. Where did the summer go? It won't be long now and our snowbirds will be making their way back to Golden Acres. Many northerners have asked if we were flooded here at Golden Acres. Although we have had a significant amount of rain this summer, I am happy to report that we did not have flooding, unlike our neighbors in Tarpon Springs (Anclote River) and New Port Richey. They didn't fare so well. Even parts of Tampa reported flooding. All our coaches at Golden Acres remained dry.

Within this newsletter are articles of the events that have occurred this summer at Golden

Continued on page 9









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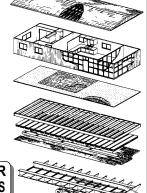




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Acres including lunch at Ozona Blue, surprise birthday party, and fun shuffle under the stars.

The month of September comes from the Latin name Septem for seven, since this was the seventh month of the Roman calendar. The month was named during a time when the year began with March, which is why its name no longer corresponds with its placement in the Julian and Gregorian calendars. September has three birth flowers: the forget-me-not representing love and memories; the morning glory representing unrequited love; and the aster representing love as well. The birthstone is Sapphire, representing clarity of thought, intuition, and peacefulness. To the wearer it gives luck, reduces anxiety and procrastination.

On September 7th we are celebrating Labor (Labour) Day and on September 23rd is the first day of autumn in the northern hemisphere and the first day of spring in the southern hemisphere.

I hope you are enjoying your summer wherever your journey takes you. Until next time,

May God bless and keep you well and safe...

Notes from the Office

By Jo Ellen Bryant

By the time you receive this newsletter it will be September!!! Where did the summer go? We've been busier than usual with the normal maintenance and rain, and things that occur taking care of the park. I'm sure the President's report will include all our happenings. People constantly come into the office looking to rent next winter. We still get interested lookers who want to live in Dunedin and in our park. If the price is right, and your unit is in reasonable condition, one could have a buyer. Don't forget you must inform the directors in writing that you intend to sell your coach.

My latest place of interest to share with everyone is The BOAT House in Tarpon Springs on the Anclote River. It looks like it should be condemned, but has the charm and décor of an ole' fish camp which it was at one time. They grill out back and feed folks for free on Sunday afternoons as long as you are ordering your beer or booze. There is entertainment on the weekends, and a boat launch too. The old saying, a picture is worth a 1,000 words definitely applies





here. My latest Facebook entry was from the Boat House. While I was there a patron stuck his finger in a floor hole and said, "nope, the river ain't up high enough, we're good". We had another one.

Enjoy your summer, and return to the park safely.

Recreation Events and Summer Coffee Club

By Donna Delf

ummer is coming to a close and we have found some fun things to do. On July 13th there were 24 of us that went to Ozona Blue for lunch at 3 pm. We had a wonderful time! Everyone ordered from the menu and shared their different dinners with each other. We sat and just relaxed for two hours enjoying each other's company around the pool side. It was great!





Editor's note: According to Carol Spinney (who captured the picture of Mary), she ate the whole thing!

On Wednesday Morning Coffee we surprised "little" Mary Capone with a 91st birthday cake and decorated for the occasion. She was very much surprised! We had cake and ice cream for breakfast. It was fun!

There have been no further events for

August as it has been very rainy. We received 13" of rain in two days, but all is well here in the park. Looking for more things to do. Still to come is a dolphin sunset ride in September.

Come join us for coffee hour on Wednesdays from 9 am to 10 am, everyone in the park is invited. Don't forget Fun Shuffle on Wednesday nights at 7 pm, weather permitting.

The Recreation Committee Report

By Ron Short

here will be no recreation report for September.
Please have a Safe, Happy and Healthy Summer.



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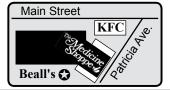
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Soldiers to Remember

Please take a moment to offer a prayer of thanks and remembrance to all those who help to protect our way of life. Keep them in your prayers until they return safely to their loved ones.

Jim Beulow (Navy Seal) friend of Ray and Mina Krumsieg, Lot #60

Adam Coburn, British army, serving in Afghanistan, nephew of Mildred and David Todd, Lot #2 Sgt. Justin T. Drescher (U.S.M.C.), serving in Afghanistan, grandson of Marie Looby, Lot #170 Sean Ebbeling, U.S. Marine, grandson of Bob McCluskey, Lot #220

Damien Fitzpatrick, USAF, grandson of Judith Fitzpatrick, Lot #87

Capt. Sean Fitzpatrick, Army, grandson of Judith Fitzpatrick, Lot #87

Michael Gerathy, USArmy, son-in-law of Debra and Steve Pollard, Lot #221

Master Sgt. John Grutzmacher (Air Force) nephew of Ray and Mina Krumsieg, Lot #60

Daniel Jones, US Navy, Grandson of Carol and Henry Diniz, Lot #25

Matthew Jones, US Navy, Grandson of Carol and Henry Diniz, Lot #25

Cpl. Justin Moore, Marines, deployed on Aircraft Carrier USS Theodore Roosevelt, Grandson of Jim and Barb Hatfield, Lot #84.

"Scottie" – close friend of Mina and Ray Krumsieg, Lot #60 Brian J. Stanfa, USAF, grandson of Joe and Lois Stanfa, Lot #96.

Capt. Mark Stevens (Army) nephew of Joe Corbeil, Lot #160

Stanley Sweeny (Army) nephew of Ruth Marino, Lot #225

PFC lst Class John Wilson – (USMC) Iraq – grandson of Jean Key, Lot #138

So that we might get to know these courageous soldiers better, I would like to add their pictures to this section. Please forward any photos to Sue Bailey suebail@tampabay.rr.com

For changes to the list of soldiers, please contact Sue Bailey suebail@tampabay.rr.com



Birthdays and Anniversaries

By Norma Moore

Golden Acres September Birthdays

We want to mention all those who are celebrating this month and send them our very best wishes.

Janet Campbell		September 1		
Marie Hutchison		September 1	Ann Shibley	September 18
Ron Elliott		September 3	Donna Hickey	September20
Gilles Picard		September 7	Nadine Templeton	September20
Ann Millburg		September 8	Catherine Eckland	September22
Judith Fitzpatrick		September 8	Linda Swann	September23
John Kamerer		September 9	Frank St. Peter	September24
Rose West		September 9	Cliff Sykes	September26
Raymond Krumsieg		September 11	Larry Burton	September28
Richard Kinzie		September 12	2 Thomas Crosby	September28
Barbara Morrow Hump	ohrey	September 13	Charlotte Vaughn	September29
Ruth Marino		September 15	Tom Healey	September30
Gloria Preston		September 1:	5 Ann Stewart	September30

Golden Acres September Anniversaries

Joseph and Carol Caramiello	September 6
Gerald and Eleanor Saunders	September 7
Les and Blanche Irving	September 9
Gordon and Glenda Spafford	September 11
Michael and Donna Hickey	September 15
Raymond and Mina Krumsieg	September 15
Don and Mary Lou Webb	September 19



Condolences

Jack Heffernan (unit 90) passed away on July 18th. Our prayers go out to Mary and the family.

Keith Pylinski's (unit 43) father, Edward Pylinski, passed away at 88. He was a WWII vet who served in the navy. His ashes will be spread by the family on his log cabin property where they live and a memorial is planned in Mid-August for the family and friends. He will be missed by Keith and his family.

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ACROSS

- 1. Terror
- 5. Aromatic solvent
- 10. Website addresses
- 14. Tardy
- 15. Cognizant
- 16. Midday
- 17. God of love
- 18. Likeness
- 20. A painkiller
- 22. Hypodermic
- 23. Fitting
- 24. Not younger
- 25. Jubilation
- 32. Severe pain
- 33. Virile
- 34. Kitten's cry
- 37. Violent disturbance
- 38. Repaired
- 39. Angel's headwear
- 40. Eastern Standard Time
- 41. Not inner
- 42. Stogie
- 43. Transparent
- 45. Napped49. Dekaliter
- 50. Misinform
- 53. Pettifogger
- 57. Impossible to satisfy
- 59. Hawkeye State
- 60. Adolescent
- 61. Gloomy, in poetry
- 62. A song for 2
- 63. At one time (archaic)
- 64. Marsh plant
- 65. Makes a mistake





15 16 18 20 23 26 27 32 33 35 37 38 40 42 44 49 47 50 55 57 58 59 60 61 62 64 63 65

DOWN

- 1. Parasitic insect
- 2. Hearing organs
- 3. At the peak of
- 4. Occupant
- 5. Less difficult
- 6. Identical or fraternal
- 7. An unskilled actor
- 8. Twin sister of Ares
- 9. Depend
- 10. Up to
- 11. Not square
- 12. Hostel
- 13. Contemptuous look
- 19. Sarcasm

- 21. Red gemstone
- 25. Concern
- 26. Auspices
- 27. Plunder
- 28. Friendliness
- 29. What we pay to the govt.
- 30. Unreactive
- 31. Not young
- 34. Wise men
- 35. Distinctive flair
- 36. Be dressed in
- 38. Pelt
- 39. Brae

- 41. Group of 8
- 42. Kaolin
- 44. Cling
- 45. Strike
- 46. A protective covering
- 47. S S S S
- 48. Flora
- 51. Helps
- 52. Have the nerve
- 53. Smelting waste
- 54. See the sights
- 55. Pitcher
- 56. Rodents
- 58. What we sleep on

September Crossword



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Sunday	Monday	Т
6 6:30 pm Cards	7	
	Labor Day	
6:30 pm Cards	14	
6:30 pm Cards	21	
6:30 pm Cards	28	

Golden Acres

luesday	Wednesday	Thursday	Friday		Saturday
1	9 am Coffee 7 pm Under the Stars Fun Shuffle	6:30 pm Dominos	1-3 pm Cards	4	5
8	9 am Coffee 7 pm Under the Stars Fun Shuffle	6:30 pm Dominos	1-3 pm Cards Patriot Day	11	12
15	9 am Coffee 7 pm Under the Stars Fun Shuffle	6:30 pm Dominos	1-3 pm Cards	18	19
22	23 9 am Coffee 7 pm Under the Stars Fun Shuffle First Day of Autumn	6:30 pm Dominos	1-3 pm Cards	25	26
29	30 9 am Coffee 7 pm Under the Stars Fun Shuffle				S M T W T F S 1 2 3 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

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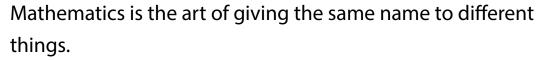
The TV sitcom Friends depicted a group of young New Yorkers enjoying life in the big city—but in the end, at least two of them chose to move to a house in the suburbs. Young adults in real life appear to be making the same choice (without the laugh track). A survey of more than 1,500 people born since 1977, released by the National Association of Home Builders, found that few of them want to remain in the city for their entire lives.

Sixty-six percent indicated they'd like to live in the suburbs, and 24 percent have their hearts set on a rural residence. Only 10 percent want to live in the center of an urban area. They're mostly looking for space: Eighty-one percent said they want three or more bedrooms wherever they end up living.

Online videos bigger than TV these days

Video has taken over the Internet, especially among the younger generation. A survey of 13-to 24-year-olds by Defy Media found this evidence of the influence of YouTube and other video providers on youthful fans:

- Millennials watch an average of 11.3 hours of free online video a week, and 10.8 hours of subscription video—but only 8.3 hours of scheduled broadcast TV.
- Videos are more popular than online TV content. Seventy-six percent
 of young people in the survey said they find YouTube more entertaining than TV programs (more popular with 55 percent of participants).
- They're tolerant of advertising on the Internet. Fewer than half—41 percent—said online videos have too many advertisements, but 63 percent feel TV does.



—Henri Poincaré

Get the full impact from these healthful foods

ertain foods have definite health benefits, but you have to eat them the right way to get their full impact. Here are some common foods you might be eating "wrong," according to the CNN website:

- Flaxseed. Full of fiber and omega-3, these little seeds may improve your heart health—as long as you grind them up first. Sprinkling them whole over your cereal or yogurt will keep their nutrients locked inside.
- Broccoli. Eat this raw or steamed, not cooked, to receive the full dose of vitamin C, chlorophyll, and antioxidants this vegetable offers.
- Strawberries. Slicing this delicious fruit exposes its healthful nutrients to light and oxygen, which can dilute their effects. Eat them whole, or hold off cutting them until the last minute.
- Garlic. The enzyme allicin, found in garlic, may help ward off cancer, but its benefits are more pronounced when it's exposed to air. Let garlic sit for about 10 minutes after chopping to release this enzyme fully.
- Tomatoes. Fresh tomatoes are tasty, but you're better off cooking them. The antioxidants in them increase in potency when they're heated to about 190 degrees Fahrenheit.

Stone tools point to early use by primitive humans

I umans have been using tools for longer than we've known. As reported by the journal Nature, a team of archeologists in Kenya have found stone tools dating back 3.3 million years, some 700,000 years older than the oldest tools previously discovered.

Before this find, the oldest known stone tools came from sites in Ethiopia and were believed to have been used some 2.6 million years ago. Still, evidence of earlier tool use suggested that humans may have been using stone for longer than that—fossils of animal bones, also in Ethiopia, show signs of cutting some 3.4 million years ago.

The Kenyan tools were dated with an analysis of the sedimentary layer where they were uncovered. Scientists speculate they may have been used to open nuts or fruits with hard surfaces. Weighing in at about 6.6 pounds, the tools are 10 times heavier than any stone tools discovered so far.

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Keep relationships healthy over long distances

en years ago, some 2.9 percent of all marriages were long-distance relationships. Today that number has grown. Maintaining any kind of relationship takes work; when partners are separated, the effort grows. Keep your relationship steady and solid with these tips:

- Set ground rules. The secret to success in a long-distance relationship is managing expectations. Talk over how you'll handle the separation—who will be responsible for bills, child care, and other household issues. Do this ahead of time so nothing falls through the cracks. Set up a schedule for regular phone calls so you can plan conversations effectively.
- Communicate—but not too much. Regular contact is essential to the health of any marriage, so make a point of getting in touch as often as you need to. Just don't overdo it. If one partner feels crowded or badgered by insistent demands, he or she may back off, making the relationship even more complicated.
- Vary your channels. Don't rely on the telephone alone. Use e-mails and texts to send quick messages without interrupting the other person at work or at an awkward moment. Variety helps strengthen any relationship, so look for different ways to connect.
- Plan positive visits. You'll want to get together with your partner as often as you can. Don't put too much pressure on yourselves to make each visit spectacular, though. Give yourselves time to relax so no one feels personally responsible for the visit's success. You both need some downtime to get used to being with each other again.
- Be flexible. Travel plans can change at a moment's notice. An emergency may delay or interrupt a phone call. Although you're disappointed, do your best to respond positively and patiently when other demands disrupt your planned activities. Getting into a fight over every minor crisis won't keep your relationship strong.

Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.

—John F. Kennedy

September Is...

Baby Safety Month. Drowning, falls, chemicals, and other hazards can endanger the life and health of any small child. During September, take a good look around your house and eliminate any threats to babies' safety that might be hiding in plain sight.

Library Card Sign-Up Month. A time to remind parents and children that a library card is the most important school supply of all. If you don't already have a library card, get one in September; if you do, visit your local library and use it.

National Bourbon Heritage Month. A celebration of bourbon as America's "Native Spirit." The U.S. Senate declared September National Bourbon Heritage Month in 2007, calling on those who enjoy bourbon to do so responsibly and in moderation.

National Campus Safety Awareness Month. College campuses are not immune to destructive behaviors and violence due to high-risk drinking, drug abuse, sexual assault, fire safety, and more. As your kids head to college this month, talk to them about safety and investigate the resources their school offers.

Week to Week

ational Suicide Prevention Week, Sept. 8-14. An annual campaign to inform and engage health professionals and the general public about suicide prevention and warning signs of suicide. Awareness events are held throughout the week around World Suicide Prevention Day, Sept. 10.

National Truck Driver Appreciation Week, Sept. 13-19. Sponsored by the American Trucking Associations, a federation of state associations, affiliated conferences, and individual members committed to developing and advocating policies that promote highway safety, security, environmental sustainability, and profitability.

Pollution Prevention Week, Sept. 21-27. The best way to protect the earth and its people is to stop creating pollution in the first place. Less waste and pollution means fewer hazards

to public health and the environment. Pollution Prevention Week highlights the efforts of the EPA, its state partners, industry, and the public in preventing pollution right from the start.

Banned Books Week, Sept. 27-Oct. 3. Sponsored by the American Library Association to promote the importance of ensuring

the availability of books to all who wish to read them.

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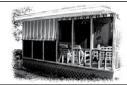
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Keeping up with current events

Tow much do you know about current events? The Pew Research Center News IQ survey examined the knowledge of more than 3,000 U.S. residents in an interactive quiz that asked them to identify a series of photographs, charts, and maps. Here's how the participants measured up when asked to ...

- Identify a photo of Martin Luther King Jr.: 91 Percent
- Identify the country led by Kim Jong-il from a photo (North Korea): 82 percent
- Identify the location of Guantanamo on a map (Cuba): 78 percent
- Name the country the U.S. recently re-established relations with (Cuba): 76 percent
- Identify the proposed route of the Keystone Pipeline on a map: 73 percent
- Identify Malala from a photo (2014 Nobel Prize winner): 93 percent
- Identify Pope Francis's home country on a map (Argentina): 52 percent
- Give the correct number of female Supreme Court justices (three): 33 percent

Have you taken your fish oil today?

atural dietary supplements are big business in the U.S. As part of the National Health Interview Survey, researchers looked at the use of natural supplements other than vitamins and minerals. Comparing figures from 2002, 2007, and 2012, the trends they found include:



- Fish oil. This was the top product used by adults in 2012, as well as among children (though in 2007, Echinacea was the most popular supplement among children).
- Melatonin. This sleep aid came in second for children in 2012, increasing significantly from 2007
- Glucosamine/chondroitin. Use of this decreased between 2007 and 2012, along with a drop in the use of Echinacea and garlic.
- Ginseng. This showed another large decline from 2002 to 2007, along with the use of Gingko.
- Green tea and milk thistle. Use of these held steady (though low) between 2007 and 2012.

Monkey see, monkey do, monkey—cook?

I umans and chimpanzees share many genetic traits, and scientists have recently discovered one that may surprise fans of the Cooking Channel and the Food Network: a basic understanding of how to cook food.

Chimps have long exhibited a preference for cooked food over raw. A team from Harvard and Yale decided to see if they could be taught to "cook" food on their own. Observations have shown that chimps are willing to give up something like a slice of raw sweet potato if they expect to receive a cooked one in a short time. To test their hypothesis, the scientists devised a process to mimic cooking (since they didn't want the apes to use actual heat): two plastic bowls that fit closely together, with a bit of pre-cooked food hidden in the lower bowl

The scientists would put a piece of raw potato into the bowl, then switch it after a few minutes for the cooked one. After a while, the chimpanzees began doing the same thing—placing a piece of food into the bowl, waiting, then looking for the tastier result.

The researchers believe this shows a basic cognitive ability to understand the cooking process, as well as the patience to carry out—traits that may have driven crucial changes in human evolution.

Follow the right FORM for effective innovation

Innovation may seem spontaneous, but it generally succeeds because the groundwork has been methodically laid ahead of time. To spark creative thinking in your organization, follow consultant Charles Day's acronym FORM:

F: Focus. Start by deciding what's important to your team and organization. What were you created to achieve? Identify the key goals of your vision so you have something to work toward.

O: Organization. Decide on a structure for developing and implementing ideas. Who is responsible for specific tasks? What jobs should be shared? How will you make decisions?

R: Resources. Gather what you'll need to implement your plans. This includes not just tools and materials, but people. Identify the types of talents you'll need to bring an idea to reality.

M: Measurement. Look to the end as you begin. Determine how you'll know whether you've succeeded or failed. Goals should be specific and clear to everyone, and they must be relevant to your organization's vision.

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-Monthly Media Staff

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Marilyn Ventura	\$5	Kathy's Cleaning Service
		Modern Pest Control
Sharon Rop	\$5	Knoblach Hearing Care
Edward Hendricks	\$5	Dr. Peter M. Mason
Marilyn Stringham	\$5	Jones & Sons Plumbing, Inc
Richard Williamson	\$5	
Margie & Bud Barr	\$5	Chambers Specialties, Inc.
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Joan Hernann	\$5	Knoblach Hearing Care
Linda Littell	\$5	Heller's Mobile Home Washing
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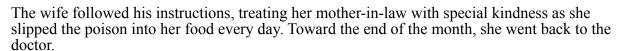
People who succeed at their jobs, in their careers, and at the game of life are generally aware of their strengths and honest about their weaknesses. If you want to achieve greatness, focus on these key elements:

- Identity. Who are you? Don't think about your job, but your values and deepest beliefs about people and life.
- Accomplishments. What have you already done in your career? Examining your past successes can help you move forward to new victories.
- Reputation. How do others see you? Get some honest feedback. If you're not happy with the answer, improve your attitude so people see a more positive you.

The Best Antidote

young wife lived with her husband's mother. Although she loved her husband, she found her mother-in-law impossible to deal with. In her desperation, she decided to poison the woman and get her out of her life.

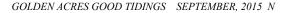
She found a doctor willing to help her. As he gave her the poison, the doctor said, "Just so that no one suspects you, treat your mother-in-law as nicely as you can. Give her a little bit of this poison every day, and in a month your problems will be over."



"Something strange happened," she said. "Ever since I've been nice to her, she's been nicer to me. Now she seems more like a friend than a mother-in-law. Can you give me an antidote for the poison before she dies?"

The doctor smiled. "I gave you ordinary vitamins. The only poison was in your own mind."

The world is shaped by two things—stories told and the memories they leave behind.
—Vera Nazarian



Two-minute walks may improve your health

Exercise keeps you healthy. Fortunately for busy people, exercise doesn't have to mean working out at the gym or running a marathon. A study reported on the Science Daily website found that adding just two minutes of walking per hour to your routine can extend your life expectancy.

Scientists at the University of Utah School of Medicine discovered that taking a two-minute walk once an hour was associated with a 33 percent lower risk of dying. Even brief walks add up to a substantial benefit when taken often during the day. The scientists emphasize that these walks should be an addition to a moderate exercise habit, not a replacement for one. It's a step in the right direction.



Excessive noise in the workplace (or anywhere else, for that matter) can damage your hearing. The Medicine Net website warns that you risk hearing loss under these noisy conditions:

- You need to shout so that people an arm's distance away can hear you.
- Your ears begin to hurt from the volume.
- Your ears are ringing.
- You suffer temporary hearing loss after being subjected to constant loud noise.

All you need is love. But a little chocolate now and then doesn't hurt.

—Charles Schulz



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September Sudoku

How to play: The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid. There is only one correct solution to each sudoku. Good luck!

Difficulty level: medium.

		7	4				8	
			3		6			
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Back to School!





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G	8	7	1	6	Þ	L	9	3

fficulty level: medium.



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